

## WEBINAR SUMMARY

### 1. INTRODUCTION : .....

- 1.1 My professional background .....
- 1.2 What about you ?.....

### 2. MORE THAN JUST A COACH.....

- 2.1 A philosophical vision of the job of a coach.....
- 2.2 Inspire people.....
- 2.3 Core coach values.....
- 2.4 Want to learn as much as possible.... .....

### 3. HOW TO BUILD A CLUB.....

- 3.1 Analyse of the situation.....
- 3.2 Start with creating a strong organisation .....
- 3.3 Communication .....
- 3.4 Plan well the club typical working week.....

### 4. TRAINING STRUCTURE FOR ADVANCED FENCERS.....

- 4.1 Organisation .....
- 4.2 Recognize the ambition .....
- 4.3 Set high standards and hold everyone to them .....
- 4.5 Major points of the game .....

### 5. TRAINING PLAN AND TRAINING DIARY .....

- 5.1 A passion for details and preparation.....
- 5.2 The importance of a good working plan .....
- 5.3 Dream it – Plan it – Do it.....
- 5.4 Learn from it and adapt.....

### 6. OTHER MATTERS ? .....